

**MANCHESTER & DIST. SWIMMING & WATER POLO ASSOC.**  
**AFFILIATED TO N.C.A.S.A.**  
**2004 SWIMMING CHAMPIONSHIPS**  
**8<sup>th</sup> May 2004 - Session 1**  
**UNDER A.S.A. LAWS AND TECHNICAL RULES**

**EVENT 1 MENS 800 Metres FREESTYLE**

Record Daniel Cordingley 9.06.76 Marina 2003

Place	Name	YoB	Club	Time	BAG Pt
1.	Daniel Cordingley	(88)	Marina	9:45.28	523*
2.	Sam Barrow	(90)	Radcliffe	10:30.93	470

**EVENT 2 WOMENS 800 Metres FREESTYLE**

Record D. Domoney 9.12.66 Aquabears 1998 - Senior Trophy The Aquabears Cup

Place	Name	YoB	Club	Time	BAG Pt	
1.	Louise Richards	(89)	Aquabears	9:33.64	698*	
2.	Joanne Long	(89)	Radcliffe	9:51.92	641*	
3.	Hannah Perkins	(89)	Urmston	9:58.62	622*	
4.	Sian Murphy	(90)	Aquabears	10:06.55	608	
5.	Emma Grice	(84)	Marina	10:24.49	551*	
	Gemma Booth	(88)	Aquabears	10:38.15	517*	Time Only Swim
6.	Jessica Craig	(91)	Davenport	10:38.23	526	
7.	Chelsea Andrews	(91)	Urmston	10:39.38	524	
8.	Jessica Howe	(90)	Altrincham	10:47.06	497*	
9.	Lucy Gregory	(90)	Marina	10:50.37	489*	
10.	Francesca Robinson	(91)	Davenport	11:00.76	474	
11.	Helen Laybourn	(89)	Trafford Met	11:11.26	444*	
12.	Keri Roston	(91)	Aquabears	11:16.22	442	
13.	Amy Richards	(91)	Aquabears	11:22.92	428	
14.	Megan Hughes	(90)	Radcliffe	11:24.97	416*	
15.	Helen Barnett	(91)	Radcliffe	11:30.51	412	
16.	Emma Barrow	(88)	Radcliffe	11:30.57	406*	
17.	Lois Vail	(93)	Aquabears	11:34.15	510	

**EVENT 3 MENS 1500 Metres FREESTYLE**

Record Joe Gannon 16.38.92 Co. Salford 2001(M&D S. Allcock 16.45.29 Worsley 1995)  
 Senior Trophy The Aquabears Cup

Place	Name	YoB	Club	Time	BAG Pt	
	Michael Newell	(89)	Aquabears	16:21.61	745	Time Only Swim
1.	Saul Robinson	(91)	Marple	18:13.47	554	
2.	M Crowley	(89)	Harpurhey	18:44.78	510	
3.	Chris Stones	(90)	Trafford Met	18:53.36	499	
4.	Michael Holstein	(91)	Urmston	19:44.67	435	
5.	Andrew Barlow	(92)	Stockport	22:14.00	293	
6.	Owen Mitchell	(92)	Aquabears	23:04.17	282	

**EVENT 4 WOMENS 1500 Metres FREESTYLE**

Record Kerianne Payne 17.34.83 Aquabears 2002

Place	Name	YoB	Club	Time	BAG Pt
1.	Rosa Humphries	(91)	Marina	22:54.26	430