

Greater Manchester Age Group Meet 2018

Listed below is the Warm Up arrangements for the meet – your co-operation in adhering to these arrangements would be appreciated to ensure that the gala runs smoothly and accident-free

In all warm up sessions lanes 1 – 4 are to be available only to swimmers 12 years and under.

At some stage in each warm up sprint lanes will be made available

You are reminder that the small pool is always available for warm up and cool down

We asking that you warm up with care and consideration for others and that the club coaches supervise their swimmers

Sat 3rd Mar - Session 1 – Girls - Club names between A – H – warm up from 8.30 am to 8.47 am

Sat 3rd Mar - Session 1 - Girls – Club names between I – W – warm up from 8.47 am to 9.04 am

Sat 3rd Mar - Session 1 – Boys – All Boys – warm up from 9.04 am to 9.21 am

Sat 3rd Mar - Session 2 – Boys – All Boys – warm up from 1.30 pm to 1.55 pm

Sat 3rd Mar - Session 2 – Girls – All Girls – warm up from 1.55 pm to 2.20 pm

Sat 4th Mar - Session 3 – Girls - Club names between A – H – warm up from 8.30 am to 8.47 am

Sat 4th Mar - Session 3 - Girls – Club names between I – W – warm up from 8.47 am to 9.04 am

Sun 4th Mar - Session 3- – Boys – All Boys – warm up from 9.04 am to 9.21 am

Sun 4th Mar - Session 4 – Girls – All Girls – warm up from 1.30 pm to 1.55 pm

Sun 4th Mar - Session 4 – Boys – All Boys – warm up from 1.55 pm to 2.20 pm

Sat 17th Mar – Session 5 – Girls – All Girls – warm up from 8.30 am to 8.55 am

Sat 17th Mar – Session 5 – Boys – All Boys – warm up from 8.55 am to 9.20 am

Sat 17th Mar - Session 6 – Girls – All Girls – warm up from 1.00 pm to 1.25 pm

Sat 17th Mar - Session 6 – Boys – All Boys – warm up from 1.25 pm to 1.50pm

Sun 18th Mar - Session 7– Boys – All Boys – warm up from 8.30 am to 8.55 am

Sun 18th Mar - Session 7 - Girls – All Girls – warm up from 8.55 am to 9.20 am

Sun 18th Mar - Session 8 – Girls – All Girls – warm up from 1.00 pm to 1.25 pm

Sun 18th Mar - Session 8 - Boys – All Boys – warm up from 1.25 pm to 1.50pm

The Start time for all morning sessions will be 9.30 am

The Start time for the afternoon sessions (2 & 4 – the first weekend) will be 2.30pm

The Start time for the afternoon sessions (6 & 8 – the second weekend) will be 2.00pm